



Contact: **Tracey Moran**

**802-857-0459**

[tmoran@marathon-health.com](mailto:tmoran@marathon-health.com)

## **AVERITT OFFERS COMPREHENSIVE ONSITE HEALTH SERVICES**

### ***Initiative Reflects Ongoing Commitment to Associate Health and Wellbeing***

---

**BURLINGTON, Vt.** —June 30, 2010—Marathon Health today announced that Averitt Express, a leading provider of freight transportation and supply chain management, will offer onsite health services to its associates at its corporate campus in Cookeville, TN.

The Averitt clinic is scheduled to open in early October 2010.

Marathon Health will implement and manage the onsite health clinic for Averitt associates, spouses, and dependents over the age of six. Available services include acute and primary care, wellness and health promotion, health coaching, disease management, medication dispensing, and the Marathon eHealth Portal technology to support the delivery of care and coaching.

The opening of an onsite health clinic is a logical next step for Averitt's health benefit strategy according to Averitt consultant Jeff Lynch, Summit Financial Group. "Over the past five years, we have systematically introduced wellness/prevention into the medical plan design, workplace policies, and employment policies. Balancing the cost pressures related to healthcare with a sincere desire to provide high-quality health benefits is a challenge for Averitt. The answer is providing Averitt associates with access to a full range of health services at work; this is a win-win for Averitt and its associates."

"Our associates' overall health is very important to us, and we strive to provide the appropriate tools to help them achieve the best health possible," said Scott Wolf, Averitt vice president, corporate services. "We are very excited about how the onsite clinic will contribute to the overall health and wellbeing of our team."

The foundation for Marathon Health services is health risk identification and mitigation. This total population health risk management approach addresses the health needs of the entire population, helping the healthy maintain good health, and helping those with costly and debilitating chronic disease to manage conditions.

"We are proud to partner with Averitt and to contribute to their vision of health and wellbeing for Averitt associates and their families," said Jeff Shea, Marathon Health vice president.



### **About Averitt Express**

Established in 1971, Averitt Express is a leading provider of freight transportation and supply chain management with international reach to more than 100 countries. The company specializes in delivering customized solutions with a single source of accountability for service offerings that include cross border/domestic offshore, dedicated, expedited, intermodal, international ocean/air, local customization, less-than-truckload, PortSide™, transportation management, truckload (dry van, flatbed, refrigerated, brokerage), warehousing and value-added services, including a centralized call center, strict performance metrics and an ongoing focus on green/sustainability efforts. Averitt's technology offerings include a full suite of web-based shipping tools, electronic data interchange (EDI) and transportation and operations management systems. For more information, please call 1-800-AVERITT (283-7488) or visit <http://www.averittpress.com>.

### **About Marathon Health**

Marathon Health of Colchester, VT, offers a proven solution for helping employers reduce the total cost of healthcare. The Marathon Health approach integrates the best practices of onsite primary care, health assessment with risk identification, coaching and advocacy, and disease management for high cost chronic conditions. Marathon Health supports its unique model with an eHealth Portal delivering medical content, interactive diet and fitness tools, a personal health record, and an electronic medical record to manage care. For more information, please visit [www.marathon-health.com](http://www.marathon-health.com).